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May 2018

The



Blinker

of the North Shore Yacht Club

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## From the Publisher and Editors

Our Spring Membership Meeting is behind us, launch service has started and we now look forward to our 148<sup>th</sup> Commissioning and our “command performance” on Saturday, May 19 at 1600 hours. For member convenience our Cruising, Racing, Race Committee and Launch Service schedules are current on the website and in the forthcoming 2018 Club Directory. The Club is near readiness for Commissioning.

Thanks to Yehuda Rosenstock for being Principal Race Officer (PRO), Ed and Mary Causin and their White Hawk II for the Race Committee boat and the rest of the race committee members for helping us launch the June 2<sup>nd</sup> Day Race Open Regatta. Our first Race Committee duty of the season is May 12.

Meanwhile, we are preparing our Boat Share and Junior Sailing Programs, and the Race Management Committee is busy readying for the racing season. Cruising Chair, Ron Gold, has assembled a very interesting collection of cruises for our members, and then spike this with our 1<sup>st</sup> Friday Happy Hour. Also plans for our theme Party and Lobster Bake are underway.

All of these events offer our Club members a great season of cruising, social and racing activities to look forward to.

**Bob Ebenau, Publisher****Bill Palafox, Editor in Chief****Marian Weissman, Frank LoPresti, Judy Raskin, Julie Porter—Editors**

## ★ ★ ★ ★ From the Commodore

I am certain that I am not alone in anxiously awaiting the start of the new sailing season. Substantial progress has been made to get the Club ready for full operation. The work parties have completed much of the planned work and Captain Vic assures me that the waterfront is ready to receive our boats. The Boat Share Program is making preparations to get Under Toad ready for the new season. Hopefully Junior Sailing will again be a successful program.

I encourage all members to make full use of all the Club has to offer. Certainly, for those of us with boats, the major offerings are the waterfront and mooring field. To the Boat Share participants, Under Toad, is the center of their interest. However, to all members, there is much more. We are fortunate to have a comfortable clubhouse with a beautiful deck and a fabulous view. We also have a wonderful complement of members with whom spending time is a great joy. So even if you don't plan to go on the water on a particular day, even if the weather is not too favorable, think of coming to the Club to spend time enjoying the view and the company of friends.

Following the success last summer, the Board has planned more informal social activities on the deck. We will have a First Friday happy hour/dinner celebration on the first Friday of each month from May through September. The format will vary from month to month but it will always be informal and economical. I only ask that you give us a hand by letting us know if you are coming so we can plan our purchases of food and beverages. Signs will be posted in the hallway and eblasts will announce each event at least one week in advance.

Last but not least, remember that we are a club, a membership organization and not a proprietary organization. It is expected that each member will participate in assisting with the planning and execution of the various events and cooperate in making NSYC a success.

Hoping to see you at the Club and on the water –

## IMPORTANT EMERGENCY INFORMATION FOR ALL MEMBERS:

Hopefully you won't require emergency medical care. However, Northwell Health Urgent Care is now open in the Stop N Shop Shopping Center at 67 Shore Road. The hours are Monday to Friday from 8 AM to 8 PM and Saturday and Sunday from 9 AM to 5 PM. The telephone number is 516-253-2890.

Remember that we have an AED – Automated External Defibrillator in the downstairs hallway and that all Club staff and many members have received training in its use.

In the event of an ambulance is required, the best number to call is 911. There is a landline telephone next to the mailboxes at the bottom of the stairs.

**Ken Magida**  
NSYC Commodore



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## Fleet Captain's Report

Welcome to the Spring of 2018. As you are all aware, our winter slipped into our spring and everything around the bay has been delayed.

So far this spring we have had two work parties. For the first work party on March 24th we stored the bubbler, serviced the launches and took a general inventory of the club to make sure we were ready for our April 14th opening. On April 21st, we had a small crew made up of Leo Kamp, Ed McAndrews, Gary Cohen, and Lloyd Herman (thank you to all of them). We replaced 14 planks on the lower dock.

If you are concerned about making your hours for the year, we still need to paint the railings on the walkway going down to the dock. If and when the weather warms up, we will send a note out asking for help.

As we ask each season, please make sure you have a current copy of your insurance naming the NSYC as an additional insured on file with the Club prior to bringing your boat around. Please email a copy to [bookkeeping@nsyc.net](mailto:bookkeeping@nsyc.net) or place a copy in the bookkeeper's mailbox.

If you are uncertain of your status, please email me and I will get back to you.

**Roger Lifson, NSYC Fleet Captain**  
[fleetcaptain@nsyc.net](mailto:fleetcaptain@nsyc.net)



## Buddy Brunch—May 12

The Buddy Brunch this year is on Saturday, May 12 at 10 AM. All new members in attendance will have an opportunity to meet Bridge Officers, Trustees and their buddy/mentors. Refreshments will be served.

*Arlene Kase*

**I'm a buddy!**



## "Hollywood @ NSYC" Returns

Remember NSYC's very enjoyable and successful "2017 in Review" video made up of photos, videos and narrations from NSYC members? Check it out...[www.nsysc.net](http://www.nsysc.net) >>> About >>> Media Gallery

Well, we're at it again for a 2018 video! The team made up of Alan Helman, Judy Raskin, Marian Weissman and others officially ushers in another video, "Hollywood @ NSYC" with its "Call for Input" from all members.

Have photos or videos from your off-season activities? Slept through operas? Sang at Carnegie Hall? Stage hand in a local play? Long winter naps? Shoveled snow? Skied ice and snow in Vermont? Powder out West and Europe? Parasailed in the Bahamas? Finished your boat's bottom? Off-season Opti sail? Basked in Florida? Walked the dog? Winter trips with the family? Ran/bicycled marathons, work hours at NSYC, quality time with the family, hobbies, projects...you name it!

Prior year activities are even welcomed. Do something with those hundreds of photos and videos buried in your smart phone and elsewhere and send them on to Judy Raskin ( [jbraskin@gmail.com](mailto:jbraskin@gmail.com) ) to vie for this year's video best entry

**Alan Helman: Chair**

**Committee members:** *Judy Raskin*  
*Marian Weissman*



## B\*L\*I\*N\*K\*S

### NEW AFFILIATE MEMBERS

- Daniel Catanzaro - Sands Point, NY 11050 Hanse 47'...Scacciapensieri
- Karen & Dean Verola - Great Neck, NY 11021 Catalina 27'...Sea Jam
- Donald & Janet Alvarez, Garden City, NY 11530 Tanzer 22 ...Voyager

### NEW ACTIVE MEMBERS

- David Goldman & Caryn Hirshleifer, Old Westbury, NY 11568 J-24 ...Explorer
- Andris (Andy) & Ruta Ledins, Sands Point, NY 11050 Bayfield 36' ...Andantino
- Thomas Quigley & Maria Riley-Quigley, Brooklyn, NY 11215 Rhodes Reliant 41' ...Moonglow
- John & Deborah Trainor, Port Washington, NY 11050 Catalina 25' ...Spindrifter
- George & Majorie Marks, North Hills, NY 11576 Alerion 38'
- Carlo Zaskorski & Pat Hopkins, Port Washington, NY 11050 Hinkley Sparkman Stephens 38' ...Spectra

### NEW SECONDARY MEMBER

- James Ebenau - Rego Park, NY 11374 Islander 30'...En Passant

### NEW SOCIAL ASSOCIATES

- Victor Mora - Great Neck, NY 11021
- Neil & Linda Hassall, Great Neck, NY 11021
- Jeffrey & Adriana Pinon Eluto, Port Washington, NY\_ 11050

**Welcome Aboard!**

### THANK YOU!

We welcome and extend thanks to Mary Lou Moran as our new Corresponding Secretary!

### DID YOU KNOW?

- Save Time! Give Capt Vic several day's heads-up before bringing your boat to the Club. Important!
- **Important: Insurance Certificates:** A copy of your liability insurance, with minimum coverage of \$300,000, naming the NSYC as an additional insured, must be on file with the Club. If uncertain of your status, please contact Fleet Captain Roger Lifson ( [fleetcaptain@nsrc.net](mailto:fleetcaptain@nsrc.net) ) or call (917-842-0106). Please email a copy to [bookkeeping@nsrc.net](mailto:bookkeeping@nsrc.net) or place a copy in thebookkeeper's mailbox.
- Save Time! Cruise our website for current Club Calendars, launch, social, cruising, racing and race committee schedules and helpful links.
- Club's website ([www.nsrc.net](http://www.nsrc.net)) has "public" and "members only" features. Access "members only" features by clicking the homepage "Log In."
- Past Blinkers? Check website, "Members" pulldown
- NSYC caps, lapel pins, car magnets and burgees? see Captain Vic
- **BoatUS Discounts:** NSYC's cooperating agreement with BoatUS is renewed. Our members get 50% off Boat US membership if they use the group member number below. Join or renew their BoatUS Membership ([www.boatus.com](http://www.boatus.com)) at a discount using our unique BoatUS Cooperating Group Number: GA85149Y
- Check our **Ship's Store** for perfect clothing and custom items for sailors.  
(click website to "Membership" then to >>> Ship's Store. Or direct to: <https://www.captainsquartersuniforms.com/nsyachtclub/clothing.html>)

### Looking Forward

#### **Dates to Remember — thru June**

- May 3....Thurs...7:30PM...NSYC "U"...Introduction to Corinthian
- May 4....Fri.....May's 1<sup>st</sup> Friday on the Deck
- May 7....Week of...Launch Boat Share boat *Under Toad*
- May 12...Sat...10AM...Buddy Brunch...All new members, their buddies & entire Bridge invited
- May 19...Sat...2018 Boat Share Program launched!
- May 19...Sat...4PM...148<sup>th</sup> Commissioning
- May 25-29...Memorial Day Cruise...Northport and Oyster Bay
- June 1....Fri.....June's 1st Friday on the Deck
- June 2....Sat.....NSYC Day Race Open Regatta
- June 3....Sun.....Harborfest ...NSYC exhibit on Town dock
- June 9-10...June Target Cruise...combined with Snyder Cup distance race
- June 24...Sun...Epstein Trophy single-handed race

(For dates beyond the dates above, check your 2018 Club Directory and your website calendar)



## Junior Sailing Program -2018 at NSYC

### Welcome to the North Shore Yacht Club Junior Sailing Program

The junior sailing program is kicking off its second season after a very successful launch last year. Eleven young sailors participated in the program last summer, with all of them learning how to single hand an Optimist dinghy.

All participants enjoyed a wonderful experience of learning to rig and sail their own Opti, explore Port Washington beaches, swim off our dock and learn from "chalk talk" in the club house. One lucky group even got the experience of viewing the partial solar eclipse this summer with everyone sharing those special viewing glasses.



We are very excited for our second year. We have three girls returning from last year, so we will be able to alter each child's experience to more of an advanced beginner level and will also be adding race instruction to our curriculum for these girls. After completing the course last year, Sheridan Trainor and Lucy Quigley were seen racing with club members on Manhasset Bay and Long Island Sound.

We now own 4 Optimist dinghies and can accommodate up to eight participants for each of the four 2 week sessions. The program is open to members' and non-members' children and there are still openings in each session. Besides sailing on the Optis, the children are also going to experience sailing on a variety of members' boats as well as the Colgate 26, Undertoad, owned by the Club. This opens up the opportunity to gain familiarity many different types of sailing and exposes our new sailors to a variety of boats and weather conditions.

Unfortunately, our wonderful instructor, James, from last year has decided to pursue his chosen career, so we will be hiring a new Level 1 Sailing Instructor with CPR, First Aide, and Power-boating certification. The first session starts June 29<sup>th</sup> as we are off on July 4<sup>th</sup>. The second session starts on July 16<sup>th</sup>.

For information on the program please contact:

**Vice Commodore Linda Kulla** or email [jrsailing@nsyc.net](mailto:jrsailing@nsyc.net).  
[vicecommodore@nsyc.net](mailto:vicecommodore@nsyc.net) / 917-750-8763

## Boat Sharing Program at NSYC

### Welcome to the North Shore Yacht Club Boat Sharing Program.

We are looking forward to our second Boat Share Program this year and already have 9 individuals/families signed up with our just-purchased Colgate 26 (*Under Toad*) for the program. There are only three spots left for new sign-ups for the this year's program, so if you know anyone who is considering, but still sitting on the rail, urge them to get off the rail and into the program.

*Under Toad* is being reconditioned by the team headed by P/C Marc Epstein and Robert Coles and assisted by Boat Share Participants and other members of the Boat Share committee. The sails that came with the boat have been inspected and P/C Lloyd Herman made repairs on his heavy-duty sailmaker's sewing machine. Seven of the 9 Participants are returning Skippers from last year and the three new Participants are all sailors who we expect to qualify as Skippers after a brief orientation on *Under Toad*.

Our objectives this year include having the Participants actually run the program and maintain the boat, make the program more social and get more members, particularly Social Associates, on the boat. The spring schedule includes:

- \* April 22<sup>nd</sup> 10AM Work Party to clean the boat inside and out & wax the exterior.
- \* Week of May 7<sup>th</sup>: Launch and rig.
- \* May 19<sup>th</sup>, 9 AM: Orientation/familiarization on the boat to recognize the differences between last year's boat (*Her C Gem*) and *Under Toad*.
- \* May 19<sup>th</sup>: Immediately after Commissioning of the Club, the 2018 Boat Share Program is active.

### Richard Raskin





## NSYC's "Ambassadors" Recognized!

History tells us that NSYC members rank high as a source of recruiting new members. For those who have done an exceptional job recruiting new members, we recognize them as "Ambassadors."

We thank the following group of new Ambassadors for playing a major role in bringing on new members:

**-Arlene Kase &  
Ken Magida**

Introduced Social Associate Lynda Cesiro

**-Linda Kulla**

Introduced Actives John and Deborah Trainor & Family

**-Captain Vic**

According to Actives Andris and Ruta Ledins, Capt Vic was the major reason they joined the Club

**-Arlene Kase**

Introduced Social Associate family Nicole Avnet and Vincent-David

**-Gary Cohen**

Introduced Actives Roger and Leslie Lifson and Family

**Note:** A **Referral Program** accompanies this Ambassador Program whereby Ambassador Recognition and accompanying gift card is earned by a referring member as follows:

- when a referred Affiliate member becomes an Active member, or
- when a referred Social Associate member becomes a second year Associate member

Congratulations to our most current group of Ambassadors! The "Bar is High" for the rest of us...let's "Share the Spirit and Go for It!"

Questions? Mary Lu Dempsey-Palafox,  
[mludempsey@msn.com](mailto:mludempsey@msn.com), 516-767-1760

## Clean Boating Tips ... Keep Manhasset Bay

### —Clean—

1. Sock it to the Bay....Each bilge sock absorbs about 1.5 quarts of oil. Without the sock, this oil will enter the bay.
2. Pump the Poop....It's the law. Call Bay Constable on VHF Channel 9 or 516-767-4622 for the Pump out boat.
3. Stash the Trash...Don't be a litter bug, or toss those butts, anchor those flying plastic bags, cups, bottles and cans.
4. Friendly Fishing....Catch & release, if you don't plan to eat um. Don't cut fish lines into our Bay.
5. Swab the Decks....Regularly scrub your decks with fresh water and brush to reduce the need to use heavy cleaners. Use a hard, non-ablative anti-fouling paint, less need to scrub your bottom. Recycle zincs.



## Best Crew

"At the Spring 2018 Cow Bay Cruising Association (CBCA) spring meeting and awards, NSYC members and crews were again recognized as outstanding crew members. This year, Jeff Ziev received the CBCA crew award. 33 years sailing on Sundance. Jeff is the son of NSYC's own Joel Ziev and together they make their boat, Sundance, a consistent contender."





# NSYC ANNUAL MEMBERSHIP MEETING

April 14, 2018

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It is a beautiful day, promising sunny and warm weather after such a dark and rainy spring as members gather for our Spring meeting. After consuming bagels and muffins, **Commodore Ken Magida** opens the meeting introducing Ruta Ledins as the new recording secretary and reminds members of Commissioning on May 19 at 1600hrs. He welcomes **Captain Vic** back and thanks various Committee Chairs. Ken presents **Ron Gold** the Cruising award he missed at the Dinner Dance last year and invites members to use the club and socialize with other members.



The rest of the board follows as **Vice Commodore Linda Kulla** points out brass plate engraved and she is looking into blinds for windows. She also reads **Rear Commodore Peter Hirschhorn's** report, mentioning a new deck awning, a new stove, and the stair-lift reconditioned. **Treasurer John Trainor** declares the Club balances are fine, in line with balances at same time last year. He also expresses concern about dropping membership in years hence. Finally, **Fleet Captain Roger Lifson** reports the launches are ready and waiting to be put in the water.



Moving on, **Lloyd Herman**, Audit Committee, declares all bank statements reconcile with Club's books and finishing the business end of the meeting, **Leo Kamp**, Finance Committee, reports the investments are doing very well because the Stock Market is good. We are up 12% over the year



Various committee chairs bring members up to date with their activities, **Arlene Kase**, Mentoring Committee reports that everyone new to the Club has a mentor and reminds all that the Buddy Breakfast is May 12 and everyone is welcome! **Mary Lu Dempsey-Palafox**, Membership Committee, lists the names of the Club's newest members: 2 New Affiliates; 5 New Actives; 1 New Secondary; 3 New Social Associates.. She also reported \$0, from rental of the club so far this year. See BLINKS. **Ron Gold**, Cruising Chair, describes a full season of Holiday and Target Cruises with various itineraries.



**Alan Helman**, Dinner Dance Committee, announces the Dinner Dance will be at Fish on Main Street again this year. He is looking for videos and pictures of what NSYC sailors do in winter to make into a movie for the Dinner Dance. Please email any photos and videos to **Judy Raskin** at [jbraskin@gmail.com](mailto:jbraskin@gmail.com)



**Richard Raskin** updates several situations. The Boat Share program is successful with 9 members who continue to ready the boat *Under-Toad* for the season. The Village of Manorhaven Waterfront Building Moratorium will probably extend the moratorium again. Finally, claims against NSYC about not having sufficient parking or moorings has been addressed and proven to be more than adequate. [Link to report](#)





# NSYC SPRING MEMBERSHIP MEETING

April 14, 2018



**Linda Kulla** reminds members to spread the word about the Jr. Sailing program, one of our very successful programs last year. We have joined the Jr. Sailing of Long Island organization and are actively are looking for a sailing instructor. See [Junior Sailing Program - 2018](#)

**Bill Palafox** explains the many activities of the Marketing, the Membership and the Communication Committees. He lists all the things these committees do as well as naming and thanking the members who make things happen. [Link to report](#)



**Bill Palafox** discusses the Race Management Committee (RMC) made up of Bob Ebenau, John Trainor and Bill, which oversees the Race Committees for Manhasset Bay races. Once the racing schedules are finalized the RMC facilitates the running of the races by the Race Committees.

[Link to report](#)



**Bob Ebenau**, Race Committee Chair for NSYC describes the responsibilities of Race Committees to run the actual races: 2 Regattas, 5 club races, 12 afternoon one design races. [Link to report](#)





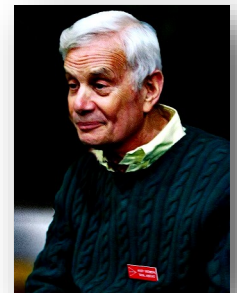
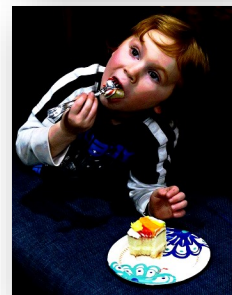
## St. Patrick's Day Party – March 17, 2018

NSYC Members Enjoy Annual Spring Event

**Because,... Everyone Is Irish On St. Pat's Day....  
So,...We Eat, Drink And Become Irish!**

The 2018 St. Pat's party at NSYC was truly very special. Under Jane Murphy's leadership and her very capable committee the evening had a vibe that resulted in much enjoyment and laughter. After the delicious St. Pat's buffet, the Porters gave a 10 question Irish quiz that was lots of fun. And what would make that event more special than Jane Murphy singing. We sang along in parts and a great time was had by all. In my opinion a memorable evening.

*Judy Raskin*



Thank you all for helping to make the St. Patrick's Day party such a great success. I'd specifically like to thank:

-Jane - of course, sharing your beautiful voice with us. For your calm leadership and assistance and trusting to let the Club do what it does best - enjoy each other's fellowship; to make a great party (you were right!!!); -Mary Lu - being so adaptive to any scenario thrown at us, and handling it with such grace and cheer; -Bruce - for coordinating the food and being available at any time to answer all of my questions; -Bill - for your party notes / direction / jolly bartending; -Ken - saving the day by being at the Club when the food arrived an hour early; -Captain Vic - for setting up all of the tables and chairs, and other supplies, a lot of the; heavy lifting; -Peter - helping ensure we were set with party supplies and alcohol; -Giulio and telephone team - handling the RSVPs; -Frank and Jody - arriving early as an extra pair of hands to assist in putting the last details together, making us not have to scramble!; -Jim - making announcements over the noise to help keep the party moving forward; -Marian, Linda, Arlene - helping to clean up the party - we were all tired at this point!; And a lot of essential behind-the-scenes work; -Joseph - for being a great teammate / DJ / trivia host / serving wherever needed. ; -Richard - knowing how to get Jane to sing :) ; -Judy - writing the article about this day; -Bob - finding the special moments to capture so well

Everyone - bringing your cheer for a wonderful St. Patrick's Day. Many, many thanks.

*Julie Porter*





## New Year's Day Fete at NSYC

*Thanks again to Nancy and Bob Kovach again for hosting our New Year's Day informal get together at the Club.*

*A champagne toast led by Commodore Ken Magida welcomed all and the New Year.*

*The Commodore then summarized the upcoming year's events, most notably April 14, "Start Launch Service!"*

*This sunny day, temperatures in the teens, with ice on the bay was warmed by sumptuous appetizers, courses and deserts supplied by members.*

*Besides Nancy and Bob, thanks to Mallory Kant and Arlene Kase and all the rest that contributed to success.*

*A glorious sunset wrapped-up a great day of NSYC New Year camaraderie.*

**Bill Palafox**





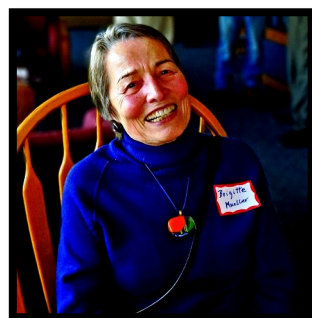
## Officers' Cocktail Party & Open House Sunday, February 3, 2018

A bright, clear and cold day was warmed by over approximately 70 members and families, guests and prospective members at a vibrant Saturday, February Officers' Cocktail Party and prospective members Open House.

This event is the opportunity for the Officers and Trustees to thank all of the members for their contributions during the year which make NSYC such a wonderful place for all of us. It is also an opportunity for us to invite potential members and guests from the local waterfront community to visit and learn about us.

The selection of food supplied by the officers and trustees this year was very diverse and interesting and people seemed to enjoy all that was offered. The complimentary wine and beer bar tended by members and mostly Jim O'Brien was a huge success. The afternoon was a great opportunity to meet with old and new friends, talk sailing and pass another day until launch service commences on April 14.

### *Ken Magida & Bill Palafox*





## Tune and Trim for Comfort and Speed January 18, 2018

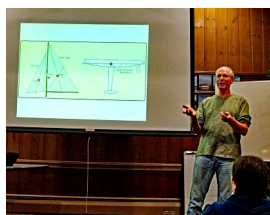
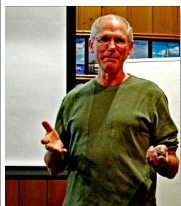
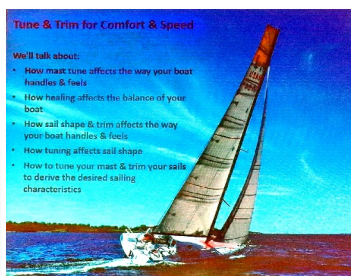
This was a sailors' seminar—if you didn't know the difference between a backstay and a checkstay, or care, you might have felt left out. But for the two dozen sailors from NSYC, the USMMA midshipmen and the other clubs on the bay, this seminar was the perfect antidote for a frosty January evening.

How to Sail for Comfort and Speed was presented by Mark Washeim of Doyle Sails in Huntington. Mark concentrated on the importance of mast bend on sailing performance, giving examples of the effect on mainsail shape, center of boat resistance and, most importantly, center of effort of the sails. Sure, it was technical, but the questions put to Mark during the seminar showed our sailors interest in being able to tune their boats for both pleasure and performance.

Our thanks for this fine program goes to Mark Washeim, and to Richard Predmore, our education Chairman. Mary Lu and Bill Palafox cordially provided our abundant refreshments.

Until this year's sailing season begins and we can try out these lessons, as Mark would advise, *'keep your column straight.'*

**Bob Ebenau**



## Essential First Aid

February 8, 2018

What do you get when you cross a sailor, a surgeon and a dynamic speaker—a terrific education seminar. 'Essential Marine First Aid' was presented by Dan Herron, a laparoscopic surgeon and NSYC sailor. Dan's seminar was filled with humor, the unexpected, and sound advice for anyone who is on the water (or in any outdoor activity). Here we have a surgeon, unexpectedly advising us to have Krazy Glue in our first aid kits, and medically explaining why. He was frequently humorous, at times from his own experiences, pointing out the most frequent medical hazards we may inadvertently encounter. From sunburn to heart attack, Dan outlined the actions we can take to avoid, and as necessary treat the medical problem.

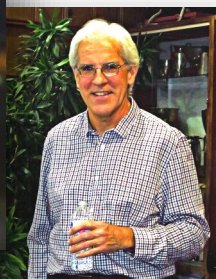
There was lots of audience participation, which added to the seminar's relevance, highlighting our own experiences and concerns. Dan stressed that this First Aid seminar was an outline of those medical conditions and treatment that can occur during a day-sail or cruise, and that techniques like CPR and man-overboard require more detailed instruction and practice.

This very informative evening was arranged by our Education Chair Richard Predmore and hosted by Bill & Mary Lu Palafox. Thank you, Dan, for a very instructive and enjoyable evening.

Here's a link to the seminar so that we all can have a chance to learn and review its valuable First Aid lessons.

[click here for Essential Marine First Aid](#)

**Bob Ebenau**





## Women Offshore Sailing

...Challenging...More than Interesting and fun!

March 11, 2018

A spectacular sunny Sunday afternoon was the scene for a gathering of 40 sailors at North Shore Yacht Club for a "Women Offshore" video produced by Gary Jobson, former All-American collegiate sailor who won the America's Cup in 1977 as tactician for Ted Turner.

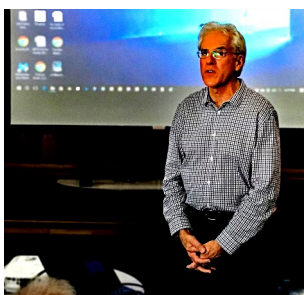
Included was an introduction and follow-up presentation by Dawn Riley, of Oakcliff Sailing... the first woman to manage an America's Cup sailing team.

The video rotated conversations from 10 highly experienced women offshore sailors sharing helpful ways to get more women on the water by covering all aspects of sailing offshore ranging from the ship's galley to the challenges of offshore racing on a 24/7 basis. While focusing on women, the video actually motivated the men in the audience!

Following the video, Dawn summarized the offerings at Oakcliff Sailing for 2018 emphasizing that Oakcliff is a unique training center in Oyster Bay Long Island designed for athletes who have progressed beyond traditional sailing coaching methods and looking for a way to take the next step in their sailing careers.

Many thanks to NSYC member Lynda Cicero who championed the concept for the event, to Rich Predmore our Education Chair who organized and handled all details and Bill Palafox who promoted it to NSYC and the outside world.

## Bill Palafox



## Frostbiting the Gary Cohen Way

*(not an education seminar but very interesting)*



Port Washington's long time residents and historians often reflect on ice-boating on Manhasset Bay. Well, Gary Cohen and his sail mates from NSYC, in an unassuming way made their own mark on the ice on the Bay this winter.

If you have ever seen a Commander 26 sailboat, with light blue hull, on the Bay almost every day of the year, it's most likely Gary on his "Winds of Change." He enjoys sailing throughout the year. In the winter, braving ice floes can be treacherous, but it doesn't deter Gary and his sail mates at all. After weeks of not sailing because of a frozen Manhasset Bay this winter, the water thawed enough for him to make his way to the Long Island Sound.

Having to navigate through the channel to and from his slip through mid-tide, Gary and crew had no choice but to sail straight through chunks of melting ice. "I don't think we can make it, Captain," said Gary's longtime friend, Steve. But, of course, with Gary at the helm, they made it out to open water.

Gary says winter sailing is wonderful as long as you're dressed for the weather. There's no one in your way and the winds are usually very good.

Gary Cohen, invites us all out for a winter sail. Especially the kids and participants from the Club's summer Junior Sailing and Boat Share Programs. He goes out often – but call first. As Gary says, "I'm in the NSYC Club Directory."

For another look at the same photos above, check: <https://photos.app.goo.gl/nyoXXk312WKKK1o93>

*Frank LoPresti*



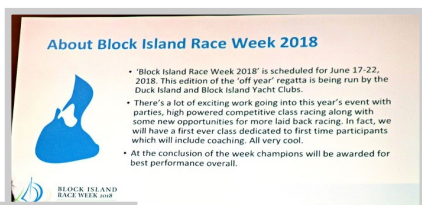


## Block Island Race Week—Excitement & Pleasure — February 15, 2018

The Block Island cruising seminar had two parts—one for racers and the other for cruisers. First, was a presentation by Block Island 2018 Race Committee members, James Gallacher and Todd Berman of the Duck Island YC, and Jim Fiorato of Block Island YC on what they have in store for the 'off year' edition of Block Island Race Week 2018, June 17-23 (here is a link to their slide presentation). They discussed potential classes, handi-caps, spinnaker/non-spinnaker, newer racers classes, parties (every night during the week of racing – for \$75 even non-racers get a pass to daily parties & a race hat). There are also high powered competitive class racing along with some new opportunities for more laid back racing. In fact, we will have a first ever class dedicated to first time participants which will include coaching. Even if your boat isn't in the race, you can always find a boat to crew on.

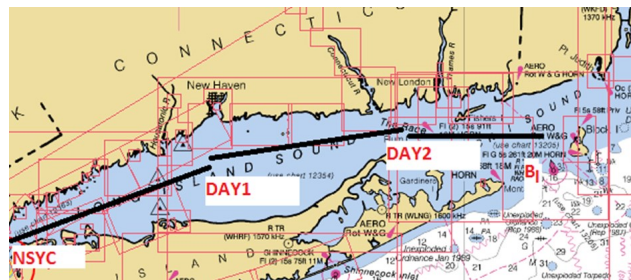
Following their presentation, there was a round-table discussion led by Cruise Chair, Ron Gold, Commodore Warren Greenhouse and Frank Lopresti. They discussed the over-night stops when making an easy 3 day cruise to Block Island and what to do when you get there.

Wine and cheese served thanks to **Bill and Mary Lu Pakafox**. [link to presentation](#)



**Bill Palafox**

## Sailing to Block



The 3 day cruise done as three 40 mile jumps. 'Day 1' can stop at Milford YC (before New Haven, behind Charles Island). Lovely club with great swimming pool and bar/restaurant (very accommodating – make reservation). Stay at a slip/dock there. Or anchor out behind Charles Island. Can walk to island at low tide (kids love it). Or can pick up mooring in Port Jefferson (at Port Jefferson YC (formerly Setauket YC) and use the launch to visit Port Jeff (why?). Or anchor/moor (make right at entrance past "CN2" into "CN" channel south of Oldfield Beach).

'Day 2' (current at the Race vip), can stop in Connecticut River. At entrance Saybrook marina/ spa has good food (<https://saybrook.com/marina/>). Or at Harbor One (next door & you'll BBQ). Or shoot over to Fishers Island or Montauk or Shelter Island YC (very nice – make reservations).

Day 3 is 'BI'. Current at Race VIP – you don't want to go against the current. We are doing this before July 4 so we know we'll have a mooring. And we can anchor in the Great Salt Pond. After the 4<sup>th</sup> of July, Block is packed. The 4<sup>th</sup> of July parade is to die-for (but you had to have a mooring well before the 4<sup>th</sup>). Anchoring over the 4<sup>th</sup> is a bad scene.

We go for race week. It's a blast and you can always pick up a boat to race on (the odd-years are the real races.) This year is an off-year race (not an important race). And perhaps 20 boats will show up on the off-year. Racers always need crew.

Using the launch service is a blast to get on shore or use your dink. Good food. Biking with kids is great (few cars). People can join you (hi-speed ferry Block I to New London & train to NYC). Three days to get there, three on Block and return to NSYC – a full week.

**Frank LoPresti**



## *Cruising Corner* 2018

As I am sitting down to write this Cruising Corner piece it Good Friday and a touch of warmth is in the air and the sun trying to poke through the morning clouds. I am told that the weekend will be in the high 50's if not reach 60! Ok, this is it, time to get the lists out that have accumulated in various forms over this dreary winter. Spring is now here and time to get the cover off and the cleaning and waxing done so a return to my mooring at the Club can be made in time to get the full month of May in for an early start to the 2018 sailing season. Hope you all had a great winter and survived personally and with little or no damage to yourself, family, homes and boats.

The cruising calendar has been prepared and will be in the Roster which is given out at Commissioning in May, where I hope we all get together to toast the new season. I have also had it posted along with this article and it is also being posted on the Club website for easy reference. The basic holiday cruises have been scheduled and have traditionally anchored our cruising plans for the season, mainly those for Memorial Day Weekend, July 4th and Labor Day Weekend. The first cruise on Memorial Day Weekend is again to Northport and/or Oyster Bay. These harbors are among the most convenient and easy destinations and lucky for us represent just the right distance for early season visits. They also offer great facilities for either staying at one of the lovely clubs and visits to town, as well as some of the best anchorages for those who prefer to stay on their own hook and still be able to enjoy the towns too. I urge you to make your plans early as well as you reservations. The opening cruise of the season acts as a great reunion and time to get some good sailing in as winds are usually crisp and allow for sailing on both legs of the weekend cruise.

The July 4th Holiday cruise has a little different plan this year as the holiday falls dead midweek on Wednesday, July 4th. These are always the most problematic as it makes it harder to plan than when it falls closer to a weekend where you can attach the extra days for the long weekend either before or after the holiday. So we are proposing that we try to have a full week cruise. Some may do the whole week, while some may join for a few days from the weekend before, or some may join for the holiday and a few days afterward, maybe even including the weekend after the holiday. The calendar mentions some places but hopefully if enough members are able to join the cruise, we can get more details out to everyone in order to have a great cruise. Fireworks are all over the Sound during the week and with a full week available, it is not too far a reach to spend a few days getting out to Milford, Conn. or maybe Black Rock near Bridgeport or even further, before also visiting Port Jefferson and closer places on the return side like Northport or Oyster Bay. Something to think about and all suggestions are welcome.

The June Target Cruise is scheduled for the weekend of June 9th and 10th. For the last two years we worked with the racing committee to combine it with a long distance race for all club

members. This is the Snyder Cup. We tried to make it as friendly an event as possible so as to attract cruisers and racers of all skills and interests. The race has you taking your own starting time as you pass Gangway Rock and the buoy just off of it, and then your time as you pass R32A which is located mid-Sound between Stanford and Oyster Bay. Then it's a return home for some, but those who really know sail South into Cold Spring Harbor for a post-race raft up and dinner anchored off Cove Neck. We are hoping that moving the event from late July to early June will not only get more participants but bring the better chance of good wind for the race and cruise.

There are also two Target Cruises planned for July and August. These are weekend cruises to two great harbors where there is the opportunity to have a trip to two of Connecticut's better destinations where there are opportunities to visit nice towns and clubs for a weekend away that is an easy sail and/or motor. The August cruise includes a stop on the way back for a dinner at one of the great clubs in City Island, which we many times take for granted as we make the usual right turn out of our harbor to head East, but have great and convenient clubs with good food and hospitality really close by.

The last two events on the calendar are the Labor Day cruise to Northport and Oyster Bay. This has lately been another sort of reunion event as more and more members are away around the same time and end up meeting there on their return trip heading back to the Club. It is also a last weekend adventure for the season and as with the first cruise, a short and usually brisk sail from the Club and back without having to do a lot of planning or stocking up on supplies. Maybe even a great time to use up what has accumulated on the boat during the season and share with fellow members.

Lastly, there is the Oktoberfest cruise. For some of us, it is just really hard to admit that the season is over, so the last few years we have tacked on this late season event. Some of the time the weather has been summer like and other times it has been very fall like with a chill in the air, but that made for an even better time and excuse to light up the grill and enjoy traditional food and celebrate the season that is almost complete while talking about the season to come.

As always, we are open to your suggestions and hope that you will actively participate in these cruises. I also should remind you that for some of us, every weekend is a cruise, even if we never leave the mooring at the Club, as we are blessed to be located in such a great harbor and have such great members that spending a weekend at the Club, including grilling and preparing meals at the Club (new stove and grill) is just what makes boating and being a member at North Shore the best of all worlds. See you there. Ron God, Cruising Chair

*Ron God*  
Cruising Chair





## The Racing Form

### RACING & COMMITTEE DATES

**JOIN THE RACE COMMITTEE**  
(CONTACT THE RMC AT NSYC RACING)

**Race Committee (RC) Dates are Saturdays & Sundays  
unless otherwise noted**

**Sat, May 12**  
Worry Wart

**July 14-15**  
Worry Wart

**Sat, June 2**  
*Day Race. Start at  
Can 1 off Execution.*

**July 28-29**  
Worry Wart

**June 9-10**  
Worry Wart

**Sat, Aug 25,**  
*Moonlight Regatta.  
Start & finish in  
Manhasset Bay*

**June 23-24**  
Worry Wart

**Sept 15-16**  
Worry Wart

**Sept 15-16**  
Worry Wart

### Race Committee Seminar April 26, 2018

The Race Committee Seminar, conducted by the NSYC Race Management Committee, kicked off our 2018 racing season for both seasoned sailors and new members. Bob Ebenau, Race Committee Chair presented the methods practiced by the RC; Bill Palafox, RMC Chair, discussed how the RC performs their duties; and Woody Greenberg, Racing Protest Chair, described the supervision of the races.

The emphasis of the seminar was to our practices and procedures at NSYC, the Manhasset Bay one-design race requirements, and our club PHRF races. As the accompanying charts show, we have a full racing schedule and are looking forward to your participation in a successful and enjoyable racing season.

Thanks to our hosts, Bill & Mary Lu Palafox, for the fine refreshments.

**Bob Ebenau**  
NSYC Race Committee Chair

### 2018 RACING CALENDAR

*All club races, with the exception of Day Race and Moonlight Regatta, start at 1330 at the Worry Wart 30 min. prior to one-design starts unless otherwise noted.*

**NSYC Day Race** Sat, June 2  
**Open Regatta**

Full crew, racing start. **Open to all clubs.** Start at Can 1 off Execution.

**Snyder Cup** Sat, June 9

Non-Spinnaker race combined with the June Target Cruise. See Notice of Race and Race Instructions when issued.

**Epstein Trophy\*** Sun, June 24

Single-handed (optional safety observer on board); cruising start

**Borden Cup\*** Sun, July 15

Full Crew; racing start

**Smith Cup\*** Sun, July 29

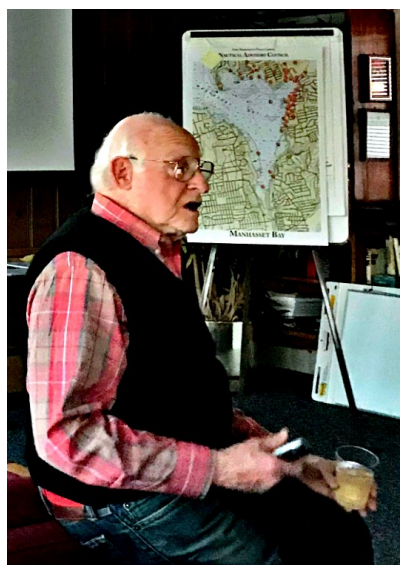
Double handed; cruising start

**Moonlight Regatta** Sat, Aug 25

Full crew, racing start. **Open to all clubs and invited guests.** Start and finish in Manhasset Bay.

**Commodore's Cup\*** Sun, Sept 16

Full crew; cruising start, Cruiser's Division, followed by Commodore's reception.



the Race Committee Seminar





# *Beauty is in the Eye of the Beholder*



## *“Winter Fog on Manhasset Bay”*

From the Deck

*Martin Schulman*

