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April 2017

The Blinker

of the North Shore Yacht Club

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From the Publisher and Editors

Well, we have survived another strange winter with crazy temperatures and are beginning to look forward to another sailing season. But NSYC has not been idle, as you will see in the following pages.

As always, we started 2017 with a lovely New Year's Day party and later in January, Commodore Ken Magida held a strategic planning meeting to plan events and find ways to increase membership and participation. Three new programs that resulted are Junior Sailing, Boat Sharing and Social Media. We have reports from the Bridge, reminders of important dates, our Social, Education, Racing and Cruising schedules, as well as NSYC events such as a new idea for the Dinner Dance.

We encourage articles from members; you will read articles about their boating and cruising experiences. We also hope you will like our "Galley Favorites" for recipes and food ideas on boats. Please continue to share your stories and ideas with us. This is your Blinker.

We welcome 2 new members to the Blinker Team, Frank LoPresti and Judy Raskin and you will be hearing more from them in the coming months.

Lastly, don't forget to check the NSYC website for current calendars, schedules and appropriate links for all the things we do at North Shore Yacht Club!

Bob Ebenau, Publisher**Bill Palafox, Editor in Chief****Marian Weissman, Frank LoPresti, Judy Raskin — Editors**

★★★★ From the Commodore

I have now been at this job for 4 months and want to express my appreciation for the many members who have worked so hard on behalf of the Club. The fact that we have been able to launch Boat Share, Junior Sailing and Social Media Programs at the same time is a testament to those who have been doing the ground-work. As long as I have been a member of the Club, I have been hearing how we do not have enough young members to populate a Junior Sailing Program and that we don't have the facilities to run a Boat Share Program. However, the committees, which share some overlapping members, have done a phenomenal amount of work to breathe life into these programs.

At the risk of slighting someone, I want to thank Trustees Richard Raskin and Bill Palafox and Alan Bernstein, Ben Shapiro, and Carlo Zaskorski for leading the effort on the Boat Share Program. I also want to thank Paula Davis who has made the program possible by generously agreeing to rent her boat to us on favorable terms. We would not have been able to undertake the program if we were required to purchase a boat.

V/C Linda Kulla, Trustee Richard Raskin, Mark Schneider and John Trainor have done the heavy lifting on the Junior Sailing and Social Media Programs. The vision of these leaders of our Club has produced valuable programs which are expected to be at least revenue neutral in their first year. However, the true value of these programs is that they are attracting new members and enhancing current member experiences at a time when we have lost members through attrition. Furthermore, I feel personally energized by the level of activity of all of the Officers and Trustees. I hope this feeling extends to the general membership.

I also want to extend my sincere appreciation to Trustee, Alan Helman, for his monumental efforts in planning the 2017 Annual Dinner Dance to be held the evening of Sunday, November 12. I believe that the original thinking by Alan and his committee will serve to re-vitalize this event which has suffered from decreased attendance the past few years. Please look at Alan's article "Hollywood Comes to NSYC" in this Blinker to see how much he has done and be sure to set aside November 12 in your calendars.

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I believe that the interchange of ideas among the members at the three [\[Strategic Planning Sessions--link\]](#) held in October, December and January, were instrumental in the development of the Boat Share and Junior Sailing programs. In addition, the strong opinions expressed about the Dinner-Dance at those meetings influenced the direction of the planning for this year's event. I will therefore ask that we devote a short time during the **Spring Meeting on April 23** to further discuss Strategic Planning. Please give the subject some thought in advance and come prepared to stimulate the discussion. In particular, I think the St. Patrick's Day Party and the work parties are subjects worthy of some discussion.

As the sailing season gets underway, I am hoping to encourage informal social gatherings on the deck. One suggestion is to encourage people to gather for **Friday happy hour and pizza dinner**. I would also like to re-institute the old custom of **Sunday evening bar-b-ques** at the end of the day. None of these ideas involves a great deal of work except actually showing up.

In my first column as Commodore, I asked all of you to feel free to contact me with your comments, suggestions and complaints. Thankfully, I don't believe there have been any complaints made to me. However, there have also been very few unsolicited comments and suggestions from the membership. For those of you who have something to say to me but do not get to sending an email or calling, please put a note in the Commodore's mailbox at the bottom of the stairs.

St. Patrick's Day Party:

Unfortunately, we did not have a strong enough response to hold the St. Patrick's Day Party this year. Gail and Bruce Logan and Caroline and Richard Leone, along with Jane Murphy slated for the party's entertainment worked very hard to set up the party but felt that there were too few people attending to make it a successful event. I would appreciate hearing from those who said they would not attend with any thoughts as to what could have been done to make them want to attend. And - when you see the Logan's or the Leone's - be sure to thank them.

Village of Manorhaven Waterfront Committee:

The Board of Trustees of the Village of Manorhaven has recognized the over-development of the waterfront in the Village and enacted a building moratorium in an effort to gain time to study a possible re-zoning. Trustee Richard Raskin was appointed to the committee by Mayor Jim Avena and has played a very pro-active role as a member of the committee. Richard's experience as a builder and his insight have enabled the committee to focus on the major issues. On March 29, the committee held its final session, a

public forum, and prior to issuing its report to the Board of Trustees. I spoke at that meeting, both as a resident of the Village and as a representative of the Club, in support of maintaining public access to the waterfront and against re-zoning which would allow high density residential development along the waterfront. The thrust of my comments was that the nautical community is a valuable resource for the community and that local government needs to support the nautical community so that it may thrive. This is a very important issue for all of us, even those who do not live in the Village. Continued development of the type on Orchard Beach Boulevard, will make the waterfront inaccessible and will curtail boating activity. I will keep you advised of future developments.

Ken Magida NSYC Commodore



HOLLYWOOD COMES TO NSYC

We are working on an exciting project to develop a film for presentation at the Dinner Dance in November. As members we can all be participants in this project by taking videos and photos during the 2017 sailing season. Many of your submissions will be chosen for the film. We are looking for photos or videos of less than 30 seconds. Hopefully we will get some funny, exciting and/or creative submissions along with some that show off the club for the great place it is to be a part of. If successful this film may be used for other purposes beneficial to the club including PR.

Directions for making submissions through the NSYC website will be provided soon.

Alan Helman: Chair
Committee members:

Judy Raskin
Marian Weissman





Fleet Captain's Report

Please remember that your dues must be paid up-to-date and a copy of your liability insurance, with minimum coverage of \$300,000, naming the NSYC as an additional insured, must be on file with the Club before you will be able to bring your boat to the Club this season. If you are uncertain of your status, please feel free to see me or email (fleetcaptain@nsyc.net) or call me (917-842-0106).

There will be a list of boats posted in the lobby whose owners have not complied with the rules. If your boat is on the list, you will not be allowed to bring her to the Club until your account is current and there is a current insurance certificate on file. You can either mail the certificate to the Club or place it in the Fleet Captain's mailbox in the lobby.

Pre-Season Launch Service runs from Saturday, April 15 through Wednesday, May 3.

- Mondays – No Service
- Tuesday – Friday...1300 to 1745
- Saturday & Sunday...0900 to 1145 & 1300 to 1745

Note: See our website, www.nsyc.net, click "Sailing" for specific Spring, Summer, Fall and Post Season Launch Schedules.

Roger Lifson, NSYC Fleet Captain
fleetcaptain@nsyc.net

Junior Sailing Program Becomes a Reality

We are very excited to announce that the NSYC will launch its two newest members of the fleet this summer, two Optimist dinghies. The dinghies were obtained with the tremendous dedication of Mark Schneider and Richard Raskin.

With the addition of the Optis, we will be launching our first Junior Sailing Program. The program is open to children of Club members and non-members on a limited basis. This program is for swimmers ages 7 - 13 with little or no sailing experience. The participants will receive an introduction to the elements of basic seamanship. Instruction will cover the basics; rigging and unrigging, capsizing, rules of the road, sailing, sail trim, tacking, jibing, knot tying and navigation with an emphasis on developing confidence on the water. Each session runs two weeks, with the first session starting July 10th. There are 4 spots for each session, and we have already filled 9 of the possible 16 spots.

We are pleased to have hired James Broyles, who comes to us with a boat load of experience. James is US Sailing Level 1 instructor and has also been trained in US Safe Powerboating and is also certified in First Aid and CPR. He has extensive teaching, coaching and racing experience. James has established a very comprehensive syllabus for the Junior Sailing Program, and is eager to get started.

We are also excited to be sharing James with the boat sharing program, also in its inaugural season, where James will be certifying skippers and offering adult sailing lessons.

Anyone parents interested in having their children join the Junior Sailing Program should contact me directly at 917-750-8763 or on lskulla@optonline.net

Linda Kulla
Vice Commodore





Junior Sailing Program - 2017 at NSYC

Welcome to the North Shore Yacht Club Junior Sailing Program

Learn to Sail: Ages 7-13 / 2 Week Sessions / Mon-Fri
9am-4pm / Starting July 10

The Junior Sailing Program is open to children of members, relatives of members, and on a limited basis, non-members' children who are sponsored by a Club member.

Cost: Members \$950 Non-Members \$1050

This program is for swimmers ages 7-13 with little or no sailing experience. This program provides an introduction to the elements of basic seamanship. Instruction covers the basics : rigging and un-rigging, capsizing, rules of the road, sailing, sail trim, tacking, jibing, knot tying and navigation with an emphasis on developing confidence on the water. The program trains on the Optimist Dinghy.

What to Bring: Lifejacket (no inflatable types), wear bathing suit, sailing clothes, water shoes (no open-toes or Crocs), towel, dry clothes, sunscreen, lunch, water, snack.

Staff: Instructor is US Sailing Level I instructor. He has been trained and tested both on-the-water and off as a sailing instructor. He has also been trained in US Powerboating Safe Powerboating and is certified in CPR and First Aid. He has extensive teaching, coaching and racing experience. The program director is Vice Commodore of the NSYC and comes with vast sailing experience in dinghies and larger keel boats and is the mother of an 8 year old daughter.

Contact: For more information please contact Vice Commodore Linda Kulla.

vicecommodore@nsyc.net / 917-750-8763



Boat Sharing Program at NSYC

Welcome to the North Shore Yacht Club Boat Sharing Program.

The Boat Sharing Program (*BSP*) allows you and your family and friends to use a well-maintained, well-equipped Colgate 26 sailboat without the need to buy, maintain, insure or deal with the worries that come with owning a boat. The program is open only to members of the NSYC and runs from Commissioning Day (May 20th) to De-Commissioning Day in mid October. If you are not a member of the Club you may want to consider joining.

Cost: This program is open to all members of the Club for the BSP program fee of \$600/yr. The program is going to be limited to just ten participants, so members should sign up now to save their spot in this season's program

For those joining the Club initially to participate in this program, the Social Associate membership is ideal. The Social Associate fee for an individual or family is \$525/year plus the program fee of \$600/year. So, for a total cost of \$1125/year (plus tax) you are in the club and the program and you and your family can enjoy the use of the boat and the full social, entertainment and educational benefits of the club.

All members may also sign up and use the Club boat for \$60/use for the first two uses before they would have to join the program.

Don't Know how to Sail but Want to Learn? Instruction is available for individuals or small groups with our Certified Sailing Instructor or experienced members of the Boat Share committee.

Sign up and Sail: There will be a simple on-line signup procedure to reserve the boat for blocks of time on weekends, holidays, during the week and early evenings. Program guidelines will assure fair and equal access to sign up times and use of the boat.

For more information or to sign up for the program please contact:

- Any member of the Boat Share Committee:
- Ben Shapiro, Chairman; Bill Palafox, Richard Raskin, Carlo Zaskorski
- BoatShare@nsyc.net
- Mary Lu Dempsey-Palafox, Membership Chairwoman,
- MLdempsey@msn.com 516-767-1760





B*L*I*N*K*S

New Affiliate Members

- * David Goldman & Caryn Hirshleifer, Old Westbury, NY, Explorer – J-24
- * Paul Iacono, New York, NY, EnGarde – J-105
- * Andris (Andy) & Ruta Ledins, Sands Point, NY, Andantino – Bayfield 36'
- * Thomas Quigley & Maria Riley-Quigley, Brooklyn, NY, Moonglow – Rhodes Reliant 41'
- * Jason Richelson, Brooklyn NY, Freebyrd – Beneteau 43'
- * John & Deborah Trainor, Port Washington, NY, Spindrifter – Catalina 25'
- * Carlo Zaskorski & Pat Hopkins, Port Washington, NY, Spectra – S&S Hinckley 38'

NEW ACTIVES – 2017 (3)

- Andrew Alkon & Rebecca Heller, Astoria, NY, "39" – J-22'
- Klaus & Erna Marreck, Port Washington, NY, Little Fish – O'Day 27'
- Richard & Carolyn Predmore, East Meadow, NY, Circe – Jeanneau 36'

NEW SOCIAL ASSOCIATES – 2017 (2)

- Joanne Boyne, Port Washington NY
- Edward (Woody) Greenberg, Glen Cove NY

Welcome Aboard!

Congratulations

to

Ken Bordieri and Mallory Kant

(Adventure-US)

on their recent marriage

on March 11th



Share the Spirit!

NSYC's 2017 Ambassador Program

History tells us that NSYC members are the most common source at recruiting new members. For those members providing new member referrals resulting in NSYC membership, each receives an appreciation gift card from NSYC.

Good news...the program continues in 2017!

Being an effective "Ambassador" is easy. Just enthusiastically, "share the NSYC spirit" whenever you encounter individuals with potential interest in Club membership, or are in a position to recommend our Club to others (other boaters, boat yards, brokers, sail makers, etc.).

PS...Club brochures and contact cards are located on the Club's bulletin board and outside the front door.

Even if you just forward a candidate's contact information to Mary Lu Dempsey, our Membership Chair, (516-767-1760, mludempsey@msn.com), be assured that she will contact them with enthusiasm.

Please consider the Ambassador Program for 2017. It's easy to "Share the Spirit."



Kid's Korner

WELCOME KIDS TO NORTH SHORE YACHT CLUB

Our club welcomes all of our latest kid members to Kids' Korner, a place for our younger members to write about sailing experiences they want to share with other kids and grownups!

Welcome:

Julian and Alice who sail on Freebyrd, a Sense 43 Beneteau

Betsey and Lucy on 'Moonglow,' a Rhodes Reliant 41 Choy Lee

*Sheridan and Katherine who sail on Spindrifter,
a Catalina 25*

*Betsey and Ben whose mom became a Social Associate this year
and hopes to buy a boat.*

*I will ask you from time to time to contribute your stories to the Blinker
for all of us to enjoy. Have a great sailing summer!*

Arlene



NSYC Work Party

Saturdays April 1st and April 8th

On April 1st with a small contingent that included Lloyd, Klaus, Warren, Jim O'Brien we were able to disassemble and store the bubbler system, wash and set up all the deck furniture and raise the antennas and attach fenders for both launches.

On April 8th we held our second work party where the effort was concentrated on the club interior, where both bathrooms and the kitchen were given a spring cleaning. In addition to the interior the parking lot was cleaned by Andris Ledins who used his leaf blower backpack to gather up all the accumulated winter detritus. In addition we installed the club awning.

Roger Lifson

Fleet Captain



Dates to Remember — thru July 15

- April 15 - Start Pre Season Launch Service
- April 19 – NSYC Race Committee Seminar, Wednesday, 7:30PM
- Spring Membership Meeting & Continental Breakfast — Sunday, April 23, 0900 hours
- April 27 – Education Event, “Cruising Maine” Thursday, 7:30PM
- May 20 – 147th Commissioning, Sat, 4PM (sharp)
- May 26-29 – Memorial Day Cruise, Northport & Oyster Bay
- June 3 - NSYC Day Race Open Regatta, Full Crew, Saturday
- June 10 – Borden Cup, Full Crew, Saturday
- June 11 – Buddy Brunch, Sunday
- June 17-18 – June Target Cruise, Stamford
- June 25 – Epstein Trophy, Single Handed, Sunday
- June 30-July 5-July 4th Cruise, Port Jeff, Northport, Oyster Bay
- July 15 – Theme Party, Salsa Theme, Saturday
- July 16 – Smith Cup, Double Handed, Sunday

DID YOU KNOW?

- See the current Club Calendar and Bylaws at www.nsync.net . Click “Membership”
- Check our Ship Store for perfect clothing and custom items for sailors. www.nsync.net . Click “Membership”
- For NSYC caps, lapel pins, car magnets and burgees see Captain Vic
- Cruise our website for Club Calendars and launch, social, cruising and racing schedules as well as helpful links.

As you enjoy this Blinker and view the Blinker's “Index,” we suggest that you click on individual line items in the index and rapidly go to/from each section. Also, look for and click on “links” within some articles for more detailed information. Lastly, don't forget to check the NSYC web-site for current calendars, schedules and appropriate links for all the things we do at North Shore Yacht Club!





Social Media Age

North Shore Yacht Club, the oldest on Long Island, has plunged into the world of social media with an updated Facebook page and Facebook Group and is now on Twitter, proving age is no deterrent to learning new things.

Club Members should type North Shore Yacht Club in NY into their Facebook search and "Like" the page. This is our public page where we can advertise to Facebook users how active and exciting our Club is. If you have content, like awesome photographs that you would like to see on this page, please email them to me and I will post them.

Next type North Shore Yacht Club Group into the Facebook search, and it will bring you to our closed Group. You need to request to join this group, which is for members only. Once you are approved and are in the group, you can post anything that you want other members to see. You can post photos or simply invite folks out sailing one afternoon. Anyone who has set up their own Facebook account to allow notifications will know that something has been posted by you.

Lastly, we are now on Twitter, thanks to John Trainor. @NSYC_PW
Be sure to "Like" us and "Follow Us" and feel free to tweet away!

Linda Kulla
Vice Commodore

Thank you

to

Victor & Shirley Shulimson



The Shulimsons, long time NSYC members, have donated several books, all with nautical themes to our bookshelves.

They are located near the fireplace.
Please feel free to browse, borrow and
enjoy!

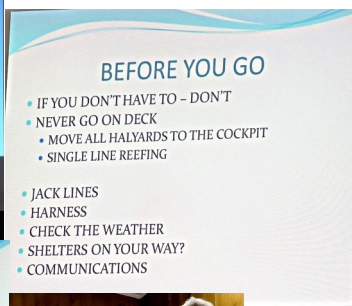




Heavy Weather Sailing
Featuring — **Yehuda Rosenstock**
January 19, 2017

PC Yehuda Rosenstock provided solid input for boating safety under rough conditions. These are lessons that we all need to be aware of, and are appropriate for us to start thinking about as we prepare for another sailing season in '17. Thank you Yehuda!!!

Alan Bernstein



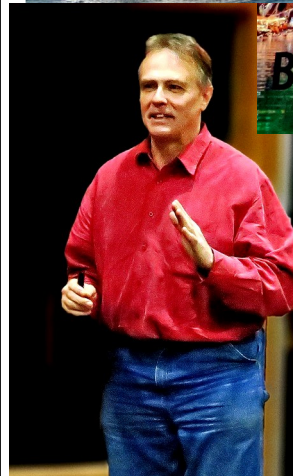
Sailing the Coast of Brazil
Featuring — **Richard Hudson**
February 16, 2017

Hot, tropical and exotic. Scenic islands, a long coastline and friendly people of a different culture make Brazil a fascinating and memorable place to sail.

This was a captivating seminar, illustrated and presented by Richard Hudson, sailor and raconteur extraordinaire, about sailing the coast of Brazil aboard his 50' schooner, "Issuma."

This was a wonderful presentation to very appreciative NSYC members and guests.

Alan Bernstein





New Year's Day at NSYC

Date: guess????

January 1st dawned clear and crisp--and remained that way throughout the day--portending a glorious setting for the annual New Year's Day Party at North Shore Yacht Club. As the weather did not disappoint, neither did our members, who turned out in numbers we have not seen since we have been privileged to host this event over the last several years.

It is always a thrill to greet members that afternoon and to feel the energy build as old friends and new members share the joys of friendship. As we discuss menu options before they are prepared and brought, we know the care that goes into the delicacies that are served that afternoon. Judging from the comments as the food is consumed, the diners are just as appreciative.

Over the years, we have seen an average of 45 persons in attendance at our annual Party; this year 55 people attended. Our theory for the increase: it's post-electoral excitement. There was a lot to talk about and share with friends. If this reasoning holds, perhaps we can arrange elections every year. On second thought ...

We're really unsure of this, but we do know there is a rare joy at the Club on New Year's Day. For all who cooked, for all who came, our sincere thanks for what to us was the best New Year's Day Party at the Club in our memory.

Bob & Nancy Kovach





Officers' Cocktail Party & Open House Sunday, February 5, 2017

We held a very successful event on February 5. We had in excess of 60 attendees and everyone had a good time. This is one of our signature events which we expanded several years ago by combining it with an Open House for prospective new members. The Membership Committee invited some hot prospects who have since become members:

- **Joanne Boyne** has joined as a Sailing Associate with her children Ben and Betsey. Ben will be attending the Junior Sailing Program.
- **Woody Greenberg** has joined as a Social Associate.
- **Andris and Ruta Ledins** have joined as Affiliates.

Thank you to the Membership Committee, working together with the Marketing Committee, (Bill and Mary Lu are a great team) for keeping the pipeline full and re-filling our ranks.

Ken Magida





Cruising Corner

2017

from

Ron Gold — Cruising Chair

Strange Winter and off-season we are having. Weeks go by quickly as we move on to Spring and pre-commissioning work at the Club and on our boats. Temperatures get into the 60's and even over 70 and we get all excited with the feel of the days and anticipation of a beautiful day out on the Sound. But then comes another day where it bottoms out to freezing and more seasonal weather. By the time you are probably going to be reading this, I am confident that the pattern would be broken and the weather kind enough to allow an early start to all your pre-season yard work to allow an early splash and arrival at the Club to enjoy the May sailing season, which is one of the best.

So as we plan that Spring work, it is also time to think about the season and plans for cruising. As we have done in the past, the proposed 2017 Cruising Calendar is available in several locations:

With this article (below) Already on the Club's website: www.nsync.net >>> Sailing >>> Cruising
In your 2017 Club Directory that you receive at Commissioning in May

And see Eldridge Current tables using link address: <http://tides.mobilegeographics.com/locations/6433.html?y=2017&m=6&d=10> for all cruises on the Sound

Commencing with the Memorial Day Cruise slated for Northport and Oyster Bay on May 26-29, the basic schedule is a suggested list of events for Holiday, Target and Special Event Weekends. I hope that you will take some time to look at it and think about your own personal plans. After reviewing the article and Calendar below, if you have any questions about the Calendar, or any of the events or destinations, let me know and I will be glad to answer them.

The Cruising mix was prepared in light of some feedback from members about the range for a weekend or holiday event. The mix should be moderate and comfortable for experienced, as well as for members that are relatively new to cruising, either because they have spent most of their sailing time racing. They may also be new to sailing, or owning a larger boat that is capable of making a trip to a new harbor enjoyable for them and maybe family and friends. We, in the Wester Long Island Sound, are lucky to have available to us many great harbors and destinations that are within a 5 or 6 hour time frame to reach and most are 4 hours and under. These include harbors on both the North and Sound sides of the Sound, in Westchester, Connecticut, Nassau and Suffolk that offer facilities at other clubs and marinas, as well as places to anchor for those that prefer to be on the hook and enjoy the quiet and privacy that anchoring provides.

A few events require some highlighting and mention in this article in the hope that more of our members will participate. One of these is the *combined Target Cruise in July to Cold Spring Harbor with the Snyder Cup distance race*. Last year, we initiated this joint event and it was a lot of fun. There was a decent breeze and participation, but I am hoping that more members will choose to come along this year. The race part is easy as it is a low key and no-hassle start where you just sail near Gangway Rock as you come out of Manhasset Bay on your way East to Cold Spring and note your starting time. Then you sail to the middle of Long Island Sound to the easily found Red Bell 32A, which is halfway between Greenwich and Stamford on the North side of the Sound and Bayville and Oyster Bay on the South side of the Sound. As you pass by R32A you write down your time again and send it to me and the race committee by email, text or phone and you are done. You can then sail South into Oyster Bay and Cold Spring Harbor for the post race raft up and/or for the evening, or return to the Club. A good day for racers and cruisers alike.

Our other Target Cruises in June and August are also easily within range for most of our members regardless of the size or type of boat. Stamford is only about 4 hours for the June cruise and Greenwich is only about 3 hours for the August cruise. Both are nice harbors that have options for those who like to stay on board or go into the town, on anchor, a mooring or at a dock. They also represent a chance to explore the North side of the Sound in Connecticut instead of our usual tendency to head to the South side of the Sound to the comfortable and varied harbors like Oyster Bay and Northport. Arrangements can be made that meet the different preferences of participants, so add these to your list of plans.

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Cruising Corner 2017

The Holiday Cruises have been popular in the past with members and we have again planned on trips to Northport and Oyster Bay for most of them. These harbors are convenient to get to as they are 3-4 hours away (maybe 5 if you get a nice sailing day and take your time or have a smaller boat that is slightly slower than some of the larger boats in our fleet). Once there, the choices of anchoring or staying at moorings at the local clubs are both good options, and the towns are also great to visit while having a beautiful harbor to enjoy from the cockpit of your boat or by dinghy or kayak or paddle board or swimming. Whether having some good quiet time alone or partying together, these cruises represent the best of what cruising is all about. All three cruises, Memorial Day, July 4th and Labor Day, should be fun and I hope the turnout is great.

In addition to the cruises mentioned above and on the calendar, we have on a number of occasions inquired about whether members are interested in a longer extended cruise during the Summer. Many clubs have cruises that last one or two weeks and have schedules that make it easy for members to join all or parts of the cruise. A lot of our members head East for parts of the July or August and we have encouraged you to share your plans so other members might hook up together during these cruises. We are looking at ways to share this information, whether it be in a posting at the Club, use of the private section of the newly revised Facebook page or a combination of these and emails. Let me know any thoughts on this. If you are interested in a planned cruise with destinations and a schedule that could be presented to the members, also let me know and we will put together a program and circulate it for comment and input.

Another thought has been presented relating to a longer cruise and that is a trip to Block Island in June. A number of our members have either gone to Block as part of Race Week in mid to late June or visited their on their own around that same time. The time before the big event and before the crowds start coming mostly after July 4th is a good time to go as moorings and other accommodations are available. Getting to Block is not that difficult but does involve some planning to time the currents and tides for a safe and speedy trip. It can also be broken up so that a number of great harbors are visited on the way there and back so that the trip is doable for boats with limited crews or the fun of sailing along with a group. If you are interested in possibly having a trip to Block, let me know and we have a number of seasoned veterans who have volunteered to help plan and participate in the trip that they have done every season for many years.

Please check-out the Calendar below. Again, if you have any questions about the Calendar, cruising, or any of the events or destinations, let me know and I will be glad to answer them.

NSYC 2017 Cruising Calendar

Date	Days	Title/Topic	Location
May 26-29	Fri-Mon	Memorial Day Cruise	Northport – Oyster Bay
June 17-18	Sat-Sun	June Target Cruise	Stamford, CT; return to Club for Father's Day BBQ
June 30 – July 5	Fri-Wed	July 4th Cruise	Port Jefferson, Northport and Oyster Bay; location for the 4th might depend on fireworks
July 22-23	Sat – Sun	July Target Cruise	Cold Spring Harbor; start of cruise combined with Snyder Cup distance race
Aug 5-6	Sat – Sun	August Target Cruise	Greenwich, CT with Sunday night dinner at City Island
Sept 1-4	Fri – Mon	Labor Day Cruise	Northport and Oyster Bay
Oct 7-8	Sat – Sun	Oktoberfest Cruise – Die Hard!	Oyster Bay





Musing on Cruising by Ed & Mary Causin *The idea and the Boat.*

As some of you know Mary and I left NY last fall on our DeFever 48 Trawler to head south for the winter. Yes this is a powerboat. We realize some of you ragmen think this is a lower form of life then the true Golden Grail, sailing, however, we have found it is not less, just different.

Sailing is wonderful. After having coffee and a bagel on the club deck in the AM, when the afternoon southerly comes up, spending couple of hours heeled over or reaching and getting excited when the knot meter goes $\frac{1}{2}$ a knot above hull speed is great. When you are cruising, however, the image is somewhat different than the reality. You are trying to get from harbor A to harbor B, before the sun goes down. It is X miles whether or not the wind is -0-, 10, or 20. All of a sudden an iron jenny becomes a friend.

We spent the last 40 years sailing, the last 10 on our Sabre 386 taking 3 week cruising vacations from PW out east to Cape Cod, Narragansett Bay, Block Island, & or Gardiners Bay. Summers were great, but my wife complained about the cold winters, snow shoveling, etc. She was tired of the frontier living, walking into town in February, barefoot, with a thin cloth coat, and walking back with the groceries, just in time to start the fire in the hearth to cook dinner.

She wanted a winter place in Fla., the land of warmth and retirees. I would argue, 1) I don't play golf; 2) I don't play cards; and 3) I don't want to have dinner every night at 4:30, (can't miss the early bird specials). Fla. offered me

nothing. As all married people know you never win an argument, just sometimes delay the inevitable. Thinking I could stall a few more years I suggested perhaps we could buy a small trawler, comfortable enough to travel on. We could spend 5-6 weeks going south another 5-6 coming back north and a couple of months exploring different places in Fla. Both of us love being on the water so no one was compromising what they enjoyed. I thought this would stall the issue for at least 2-3 years while we started to find out



about powerboats, size, models, types, cost etc. As often happens I was wrong. The basic idea was good, however, the stall didn't work, at all. It only took a few months to eliminate almost all the different types and models. Size and cost was easy, you just set a reasonable size and budget, add 30% to the size, double the cost and you have what you want. Another six months and a few

trips to Rhode Island, Annapolis, and Fla. and you come close to buying, but not perfect. It seemed you could spend a lot of money for good but not perfect.

Then (da, da) a DeFever 48, only about 35-40% larger than we started looking at, and I won't even discuss money. I saw pictures of the listing and knew what love at first sight really meant. Then of course there is money. My wife has often pointed out I never do or think about things the way everyone else does. I called the broker, who immediately wants us to come look at the boat and then make a written offer with a deposit. I told them no. The boat was in Fla. I told them to tell the owner I would pay X dollars (which of course was significantly less than they wanted). If they would sell for that, than we would come down and look.

(continued)





Cruising Corner 2017

On the positive side for them this was my price. If there were things that had to be fixed, within reason, it would be my problem I wouldn't try to get them to lower the price. On the other side the broker should explain if the boat was perfect and gold plated that was still my number, it wouldn't go up. They (we later found out reluctantly) agreed. We again went to Fla. Survey, sea trial, some arguing over the price being too low vs. I told them there was no upside in my price and we owned the boat.

We didn't know how to run it, what all the switches and various mechanical, electric, hydraulic systems did or how they worked. After 40 years of sailing Mary & understood what 38 feet and 17,000 pounds of boat was. We now owned 48 feet, 42,000 pounds (unloaded), twin large six cylinder diesels, generator, Inverter, hydraulic stabilizers, A/C & heating, washer/dryer, assorted electronics duplicated in the pilot house and fly bridge, a 13' RIB dingy with a 40 HP engine plus a roll up with a 4 HP. How to drive it, maintain it, what switches did what, and what all the boxes, tubes & wires in the engine room did was totally unknown, to us.



We left Fla. having docked the boat once, with no idea of how to possibly back into a slip which is necessary at some marinas.

Jacksonville, Fla. to NY, a summer in PW and now back down to the west coast of Fla., currently in Marco Island. We still don't know how everything works, but we haven't hit a dock or other boat, yet, while docking and we continue to muddle through.

We are leaning, but more important doing it is great. The traveling, learning, meeting new people, facing new experiences is wonderful. There is no question, the line that comes to mind as to what we are doing comes from a Nike sneaker commercial. JUST DO IT.

See you all in the spring.

Chapter 2 – The actual trip.

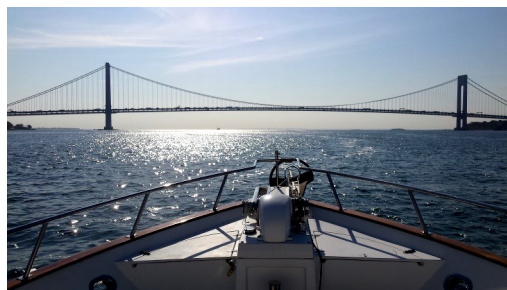
*We planned to leave Oct. 15th as we were meeting another DeFever to go south with, in the mid Chesapeake on Oct. 30th. This should take about 6-7 days of traveling. Our planning allowed 15 days. Of course as Murphy's Law would have it for various reasons we didn't even leave until Nov 2nd. Our actual timing was almost perfectly wrong. We got an early start and managed to hit Hell Gate at the height of the current, 4.5 to 5 knots against us. This is then followed up by current against us in the East River and 10 miles down NY harbor to Sandy Hook. Despite the start we made it to Manasquan, NJ by the end of day 1.
..... Only 1500 miles to go.*

We will write chapter 2 (or more) of our adventures if you are interested. Let us know. E-mail, phone, carrier pigeon are OK.

Ed & Mary Causin

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My Scary Slide Into the Deep

Until 30 years ago I used to race with Richard on our boats until one day while racing our J35 I fell off the boat. It was fall, I was heavily dressed and as was our practice in those days I was not wearing a life jacket. The spinnaker filled unexpectedly while I was following directions to remove the handle from the cabin mounted halyard winch. This left me holding on to nothing. As the boat heeled first one way and then the other I slipped into the still warm water and experienced what it must have felt like to be in the womb.

I was wearing a heavy sweater and pants with rain gear top and bottom. I had knee high rain boots tied under my rain pants, a very bad idea. As water filled all spaces I felt heavier and heavier. I treaded water while the life ring was tossed to me but I could not move enough to reach it. Richard had to turn the boat around while getting the sail down. I became exhausted very quickly. Richard still insists he would have gotten back to me in time. I don't agree.

Fortunately a powerboat saw me and dropped a line off its stern. It took many seconds for me to gather the strength to grab the line. It took all of my concentration and strength to hold onto that lifeline as I was pulled to the safety of their swim platform so they could hoist me out of the water.

I cannot believe that I was so careless as to not wear a PFD. Now I wear one every time I am on a boat; fortunately they are much more comfortable and easier to wear these days.

Judy Raskin

Galley Favorites

Chatting at our NSYC New Years Day party we got to talking about recipes and several folk asked Arlene Kase for the recipe of Corn Pudding she had brought to the party. Then a suggestion was made to create a Blinker Column to share sailors' favorite recipes of things they make or serve on board their boats! We are starting with Arlene's

Corn Pudding

Preheat oven to 350F

1 15oz can whole kernel corn, drained

1 15oz can creamed corn

1 stick of butter

8oz of sour cream

2 beaten eggs

1 box Jiffy corn bread mix

Melt butter in a small casserole dish

Mix corns, sour cream and beaten eggs well, add to melted butter and mix again

Sprinkled corn bread mix over corn mixture and stir together

Bake for 45 mins.

Arlene says this is easy to make on board or at home and freeze to bring onboard.

What do you make or bring onboard when you are cruising? Do you have favorite goodies you bring onboard to make cruising tasty? Please share with us.

Marian Weissman





Getting free chart plotting software and free charts for your boat! (but you need a laptop or tablet)

Chart plotters offer cruisers displays of charts with the boat GPS location displayed on the chart. They allow you to plot and follow courses from here to there. Where we used to use paper charts, today we have plotters.

Garmin type plotter mounted in your cockpit vs. your old laptop: Your boat can have a chart plotter (my Garmin has only a 4" display). Or you can buy a Garmin with a 9" screen. But, you still have to buy charts from Garmin and update them.

Or, you can use a laptop or tablet and get free software and all the charts from NOAA for free, update them for free and use the software at home to plan and study your trip. Using a laptop computer, you can have a 14" or larger screen.

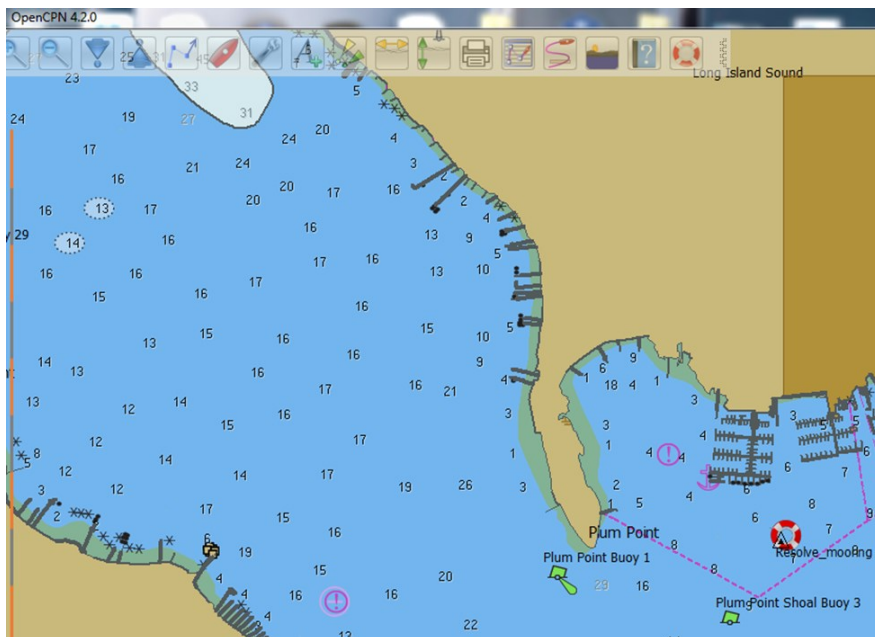
There are several "open source" software packages that be can download and installed on a laptop, and if your laptop/tablet does not have a built-in GPS, you can add a \$30 GPS antenna. I've used the free package OpenCPN for years (see <https://opencpn.org/>), and am very happy with it. I also use a GlobalSat USB GPS Receiver (see <http://usglobalsat.com/p-688-bu-353-s4.aspx#images/product/large/688.jpg>). Make sure you have a long enough USB cable so you can get the antenna out in the clear while you are below using the computer for planning purposes.

OpenCPN allows me to have layers of NOAA charts of different scales. i.e., I can look at us on a chart of the Sound or zoom into a more local NOAA chart inside a harbor on a smaller scale. When I buy my next laptop, I'll get a "weatherproof" one meant to be out in the weather. I saw some Dell "outside" laptops for \$400. I don't know how water-proof they are but I'm careful with my old Dell.

Wanna know how to install software and install charts, the 9/15 Blinker has the full article with instructions. <https://www.nsys.net/wp-content/uploads/blinker0615c.pdf>. The hardest part is storing the NOAA charts in a folder where the software knows to look. And "kind" NOAA has one click to get most of the East Coast as one download.

This article was written by Frank LoPresti and Lloyd Herman. They would be glad to be a resource, helping you in installing/using this stuff. Meet them at the club if you need a hand.

Below, is the OpenCPN display on a 14" laptop. It has functions that work on a touch screen.





The Racing Form

RACING-2017 *the Race Management Committee*

US Sailing has just published *THE RACING RULES OF SAILING FOR 2017-2020*. The Race Management Committee (RMC) consisting of Bill Palafox, Bob Ebenau and Richard Raskin attended a seminar at the Sea Cliff YC to hear an explanation of the changes. You really have to read the 2017 Rules carefully and better yet attend a seminar, or read a book that highlights and explains the changes. Here I will point you in the direction of some of the changes:

Rule #:

DEFINITIONS-THE INTRODUCTION

Conflict of Interest has been added

Party (b) & (d)

Protest

Rule (b)

Support Person-has been added

1-FAIR SAILING

3-ACCEPTANCE OF THE RULES

5-ANTI-DOPING

6-BETTING AND ANTI-CORRUPTION-Has been added

7-DISCIPLINARY CODE-Has been added

PART 2 WHEN BOATS MEET-The introduction has changed

18.2(d)-Giving Mark-Room

18.3-Tacking in the Zone

19.1-ROOM TO PASS AN OBSTRUCTION-When Rule 19 Applies

20.1-ROOM TO TACK AT AN OBSTRUCTION-Hailing

SECTION D-OTHER RULES –“When rule 22 or 23 applies between two boats. Section A rules do not.”
Has been added

21-EXONERATION

22.3-STARTING ERRORS; TAKING PENALTIES; BACKING A SAIL

24.2-INTERFERING WITH ANOTHER BOAT

Part 3-CONDUCT OF A RACE-Several Changes

APPENDIX T-ARBITRATION



Thirsty Thursday racing is holding its Spring meeting and presentation of awards for the 2016 season on Thursday April 20th starting at 7:30PM at the Manhasset Bay YC with a Dave Perry Presentation, “Anarchy at the Mark.”

The Thirsty Thursday organizational meeting for the coming season will follow Dave Perry’s presentation where the racing schedule will be announced and anything new will be discussed. If you are at TT racer, you don’t want to miss the meeting. If you have the slightest interest in racing, you don’t want to miss Dave Perry’s entertaining presentation. If you are a TT racer you will want to be there.





The Racing Form

RACING & COMMITTEE DATES

EXCERPTED FROM WWW.NSYC.NET

[\(CLICK FOR LINK TO NSYC RACING\)](#)

NSYC Club Race Series (Open to NSYC Boats Only)

Borden Cup*	Sat, June 10	Full crew, racing start
Epstein Trophy	Sun, June 25	Single-handed with "safety officer" permitted, cruising start
Smith Cup	Sun, July 16	Double handed, cruising start
Snyder Cup	Sat, July 22	Non-spinnaker race combined with a Target Cruise. See Notice of Race and Race Instructions when they are issued.
Commodore's Cup	Sun, Sept 17	Full crew, cruising start, Cruiser's Division, followed by raft-up

Rosenberg Trophy: Will be awarded at the discretion of the Race Management Committee (RMC)

2017 McCartney Trophy: Will be awarded to the NSYC boat with the best racing record in the four Club races designated for this race Series, with one throwout. The four Club races designated for this Series will include the Borden Cup, Epstein Cup, Smith Cup & the Commodore's Cup.

To be scored, a boat must be primarily helmed during the race by a regular skipper, co-skipper, or a combination of regular skippers and/or co-skippers based on the Sonar Fleet 11 membership roster.

All starts at the Worry Wart at 1330 hrs, unless otherwise noted.

NSYC
Race
Committee
Duty
on the
**Worry
Wart**



Race
Committee
Tutorial
(PDF)

2017 Race
Committee
Dates
May 21
June 3
June 4
June 10-11
June 24-25
July 15-16
July 22-23
Sept 9
Sept 16-17

2017 Racing Calendar

Open Regattas (Open to All Clubs)

28th Annual NSYC Day Race*	Saturday June 3	Full crew, racing start. <i>Open to all clubs.</i> Start at Can 1 off Execution Light
Freedom Cup	Awarded to the best performing boat in the 2-handed division in the NSYC Open Regatta	
Ostling Cup	Best performance by a NSYC member in the Cruising Canvas Division in the NSYC Open Regatta	
Reiman Trophy	Best performance by a NSYC racing boat in any division except Cruising Canvas in the NSYC Open Regatta	
16th Annual Moonlight Regatta*	Saturday, September 9	Full crew, racing start. <i>Open to all clubs and invited guests.</i> Start and finish in Manhasset Bay

In Memoriam – Last Call

Sad News at NSYC

Geraldine Frank



Gerri, wife of Peter Frank (Undertoad), passed away on February 9th of this year. Gerri was an elementary school teacher in Lindenhurst for over thirty years. While she was a good sailor, she preferred gardening and left the sailing to Peter, though she did enjoy the NSYC dinner dances. Gerri was the "girl next door" and she and Peter were married for 50 years.

