

# Commodore's Cup

## PHRF Race

Sunday September 17, 2017

### Sailing Instructions

This race is open to North Shore Yacht Club members only and is a full crew, PHRF race.

A scratch sheet listing all the boats entered will be emailed to you a day or two before the race and posted at the club early Sunday morning. However the Race Committee (RC) may accept entries anytime before the Warning Signal.

If at least two Cruisers (boats that do not usually race) register and race and at least two boats that usually race (Racers) register and race the Cruisers and Racers will race in separate divisions. Registrants may request whether they want to sail in the Racers or Cruisers division but the final division placement will be made by the RMC. (If we do not have at least two boats in each division racing we will consolidate divisions.) Trophies will be awarded separately for each division. Check the scratch sheet and listen for an announcement by the RC on VHF channel 69 prior to the Warning Signal as to how many divisions there will actually be. Each division may or may not be given a different course so tune in and listen carefully. Also listen to the RC announcements carefully to hear the course or courses for this race. All divisions will start together and be signaled as Division 6 with code flag "6". Results will be emailed to participants, posted at the club and published in the Blinker.

The race will be conducted in Manhasset Bay and LI Sound and is planned for about 2-3 hours. This is a non-spinnaker race but a whisker poll may be used. A **Cruising Start\*** (**NOTE DIFFERENT FROM IN THE PAST-SEE BELOW!**)\* will be preceded by a standard 5 minute starting sequence commencing at approximately 1325 hours. Please note that the finish line will be different than the start line, see below. We will endeavor to provide NSYC skippers with a competitive, challenging and enjoyable afternoon of racing.

#### \*Cruising Start:

- The nominal start will be governed by the standard 5 minute starting sequence of warning, preparation and start, with the usual flags and sounds marking the sequence.
- Each boat racing (there may be multiple divisions for scoring and course) must start within the next 5 minute Starting Window following the Starting signal. The RC shall record each individual boat's Start and Finish times to the nearest hour, minute and second.
- Each boat's individual Start time and Finish time will be used to determine its elapsed time for its course.
- Boats not Starting within the 5 minute Starting Window will be scored as Did Not Start (DNS).

**Starting Signals and procedures:** The **Starting Signals will be preceded by 2-3 short quick horn blasts** to call the racers attention to the fact that the Starting Signals will begin in about one minute. Then the starting sequence will begin as follows:

MEANING	MIN.	SIGNALS	SOUND
<b>Warning</b>	5 before the Start	Class Flag "6" up	Sound
<b>Preparatory</b>	4 before the Start	"P" up	Sound
	1 before the Start	"P" down	Sound
<b>Start</b>	0	Class Flag "6" down	Long Sound
<b>5 minute Starting Window is Open</b>  (Boats Starting within 5 minutes of the Starting Signal will have their individual Starting Time recorded by the RC.)	5  after the Start		Sound-at Close of 5 Minutes
<b>Boats MAY NOT Start after the closing of the 5 minute Starting Window</b>			

Use VHF channel 69 to sign-in with the RC at the Worry Wart (WW) and monitor this VHF channel for the course(s) to be sailed and during the race for safety and race updates.

**Rules:** This race is governed by The Racing Rules of Sailing 2017-2020 (RRS,) which are available on the club website ([www.nsync.net/sailing/racing](http://www.nsync.net/sailing/racing)), except as modified by these Sailing Instructions. All boats shall comply with YRALIS PHRF regulations. Jib or Genoa must be attached to the forestay (only one sail is allowed at a time, except when changing headsails) but Cutters may fly both Jib or Genoa and a Staysail. Spinnakers, Bloopers, code zeros and mizzen staysails are not allowed.

Taking a Penalty: If there is no contact, a one-turn penalty ("one 360") may be completed for exoneration. This changes RRS 44.1.

**Radio Communications:** Every boat shall have an operating VHF radio. Please monitor VHF Channel 69 for pre-race information and announcements. The RC requests

communication from participants be limited to: announcing your presence in the starting area and your intentions to race, emergencies, withdrawal, abandonment, and for reporting large changes in conditions after the start. The RC may communicate information on VHF channel 69. No redress will be granted in regard to these informal communications. This changes RRS 41 and 62.1.

**The Course:** Marks of the course will be taken from the Cow Bay Racing Association (CBRA) 2016 race circular and chart (available on [www.nsync.net/sailing/racing](http://www.nsync.net/sailing/racing), click on Cow Bay Racing Association Sailing Instructions (PDF.) Please download it if you do not have it. The marks of the course will be announced on VHF channel 69 and posted on the side of the WW, if practical. "Restrictions To Racing Area" included on the CBRA chart are applicable.

Twice around courses shall be announced by the RC on Channel 69 and signaled by a "T" flag, if practical. For "twice around" courses boats **shall** cross the finish line to commence the second time around and **shall** not otherwise cross the start or finish lines after starting except when finishing. To **finish** the finish line must be crossed.

The start and finish lines will be at the WW unless announced and signaled otherwise. The start line will be between an orange flag on the WW and a pin with one flag and the finish line will be between an orange flag on the WW and a pin with two flags. The finish line will generally be on the opposite side of the WW from the start line as long as there has not been a substantial change in wind conditions.

**Shortening or Abandoning After the Start:** If the RC shortens or abandons the race it may do so by announcing the shortening or abandoning on VHF channel 69 in addition to following the procedures in RRS 32.

**Time Limit:** The time limit for this race is 1700 hours. If one boat in a division finishes prior to the time limit that constitutes a race for that division and all other boats in that division have to finish to be scored. If the RC is not on station after the time limit expires boats shall keep their own finish times **to the nearest second** and report them to the RC upon arriving back at the club. When taking your own finish time you may pass on either side of the WW but you must be within 50 yards of it and take your finish time when it is abeam.

**Protests:** Protests are governed by the RRS except that: the intention to Protest must be announced to the RC within one hour of finishing and the Protest must be submitted in writing in person or by email to the NSYC Protest Committee (Richard Raskin) not later than noon on the day following the race.

Trophies for this race and the NSYC Club Race Series will be awarded at the annual NSYC Dinner Dance. The Commodore's Cup race is one of the races in our Club Race Series, which is described on the club website

We hope you enjoy the race and ***please join the Commodore's Raft-up after the race, it starts at 1600 hours at the Clubhouse.***

**North Shore Yacht Club Race Management Committee**

Bob Ebenau. Bill Palafox & Richard Raskin