

[Epstein Trophy](#)
Single-Handed PHRF Race

NOTICE OF RACE

Sunday June 23, 2019

NSYC Sailors:

On Sunday, June 23, 2019, NSYC will hold the **Epstein Trophy** sailing race starting from the Worry Wart in Manhasset Bay at 1:30 PM. We endeavor to provide NSYC skippers with a competitive, challenging and enjoyable afternoon of racing.

The Epstein Trophy race is one of the races in our Club Race Series, which is described in the club Directory and on the club website. It will be held in Manhasset Bay and LI Sound and is planned for about 2-3 hours.

The race is open only to North Shore Yacht Club boats and will be a single-handed PHRF race with an optional safety/observer person permitted aboard (see the Sailing Instructions for additional info for the safety observer).

This is a non-spinnaker race and a whisker pole may **not** be used. A Cruising Start will be used in this race, with a standard 5 minute starting sequence in which boats may not start but followed by a 5 minute window in which boats may start.

Please note that a separate finish line, also at the Worry Wart, will be used. Full race instructions and details will be included in the Sailing Instructions.

To register for this race please email raceentries@nsrc.net with your intention to race along with your boat name, boat type, length, sail number and YRALIS PHRF rating. If you do not have a YRALIS PHRF rating, we will develop one for you if you supply the aforementioned data plus the size of your largest jib (as a percentage of "J"), the number of blades on your propeller and whether or not it is folding or fixed (if you need help call, or text, Bill Palafox 516-728-4389).

If J-105s enter the race they may declare if they are to be rated at 99 PHRF and be allowed to use up to a 155% jib or at 105 and be allowed only to use their class jib.

A scratch sheet of all the boats registered will be emailed to all registrants on Saturday, June 22nd and posted at the club on the morning of the race.

Separate Sailing Instructions (SI) for the Epstein Trophy will be emailed to all entrants and available at www.nsrc.net/sailing/racing, at the club, and from the Race Committee on the Worry Wart on the day of the race. We will be using the chart with mark letter designations from the Cow Bay Racing Association (CBRA) circular for our courses. If you do not already have the CBRA chart, download it from the club website: www.nsrc.net/sailing/racing, and then click on Cow Bay Racing Sailing Instructions.

Race results will be emailed to entrants, posted on our website, at the club and published in the Blinker. Trophies for the race and the winner of the Club Race Series will be awarded at the annual NSYC Dinner Dance.

We hope you will register, race and have a great time.

NSYC Race Management Committee (RMC): Bob Ebenau, Bill Palafox & John Trainor